

PSHE Long Term Plan

Y1 and Y2 have a one year plan. Y3/4 and Y5/6 are planned over 2 years, Year A and Year B.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?

Year A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3/4	How can we be a good friend? Y3 MTP	What keeps us safe? Y3 MTP	What are families like? Y3 MTP	What makes a community? Y3 MTP	Why should we eat well and look after our teeth? Y3 MTP	How can we manage risk in different places? Y4 MTP
Year 5/6	What makes up a person's identity? Y5 MTP	How can friends communicate safely? Y5 MTP	How can the media influence people? Y6 MTP		How can drugs common to everyday life affect health? Y5 MTP	What jobs would we like? Y5 MTP

Year B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3/4	How do we treat each other with respect? Y4 MTP	What strengths, skills and interests do we have? Y4 MTP	How can we manage our feelings? Y4 MTP	Why should we keep active and sleep well? Y3 MTP	How can our choices make a difference to others and the environment? Y4 MTP	How will we grow and change? Y4 MTP
Year 5/6	How can we keep healthy as we grow? Y6 MTP		How can we help in an accident or emergency? Y5 MTP	What decisions can people make with money? Y5 MTP	What will change as we become more independent? How do friendships change as we grow? Y6 MTP	

This plan makes reference to the medium term overview produced by the PSHE Association. Some of the terms have been rearranged to better suit our School.