

IMPLEMENTATION – PSHE in EYFS

Why do we teach PSHE? Why do we teach it the way we do?

At Hunton & Arrathorne Primary our PSHE Curriculum helps children to build their confidence, resilience and self-esteem and to identify and manage risk. It enables children to respect themselves, others and to celebrate diversity whilst managing their emotions and communicating effectively. Developing an understanding of themselves, empathy and the ability to collaborate with others helps our children to form and maintain good relationships.



What do we teach? What does this look like?

At our school, the Reception PSHE is supported by the ‘Golden Rules’. The children are encouraged to follow rules for behaviour and learning. We promote the ‘Golden Rules’ daily and throughout whole-school assemblies. We also use Dojos in our school to reward positive behaviour. Throughout half termly topics such as Ourselves, Celebrations, Healthy Life Styles and Animals the children explore and express their ideas and feelings about different experiences they have encountered. In Reception we have adopted the weekly CORAM SCARF PSHE scheme, as we believe it integrates emotional literacy, self-regulation of behaviour, social skills and spiritual development. Alongside continuous PSHE provision, pupils have one dedicated PSHE lesson per week.

What will this look like? By the time children leave our EYFS they will be able to:

Communication and Language

- Hold conversation when engaged in back-and-forth exchanges with their teachers and peers.
- Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher.

Personal, Social and Emotional Development

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.

- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and others' needs.

Physical Development

- Negotiate space and obstacles safely, with consideration for themselves and others.

Understanding the World

- Talk about the lives of people around them and their roles in society.