



About CORAM SCARF

Coram Life Education is the leading charity provider of relationships, health, wellbeing, and drugs education to children across the UK. Coram Life Education & SCARF offers a whole-school approach to wellbeing and Mental Health. Our PSHE education supports over 50,000 teachers and reaches over 600,000 pupils every year.



Our service includes SCARF, a comprehensive, fully resourced, progressive PSHE scheme of work for 3-11 year olds, high-quality, educator-led workshops for pupils and a host of free and low-cost staff training, truly supporting schools with a Whole-school approach to wellbeing and Mental Health. Our vision is for all children to acquire the life skills needed to thrive.

SCARF – Safety, Caring, Achievement, Resilience, Friendship

SCARF's whole-school approach supports primary schools in promoting positive behaviour, mental health, wellbeing, resilience and achievement – **giving you everything you need to meet the new Relationships Education and Health Education statutory requirements**. More than just a PSHE scheme of work, **SCARF supports great learning every day**. SCARF represents our values for children of Safety, Caring, Achievement, Resilience and Friendship.

Meeting all DfE requirements for statutory Relationships and Health Education, and mapped to the PSHE Association's Programme of Study, SCARF is a framework consisting of lesson plans, online planning, assessment and Ofsted tools to give busy teachers skills and confidence to embed a comprehensive Relationships and Health Education, PSHE Education and Wellbeing programme throughout the primary years. SCARF is a whole-school approach to promoting behaviour, safety, achievement and wellbeing. [Find out about SCARF.](#)

What children experience

Alongside SCARF lessons, our trained educators deliver fun, engaging and memorable PSHE Education workshops to children. During these workshops, children meet Harold, the giraffe puppet ('Healthy Harold') and friends, have discussions and watch short films about healthy eating, drugs – legal and illegal – and their effects, the body and how it works, friendships and their influence, and how choices and behaviours can affect children's health and education outcomes. Coram Life Education's work includes challenging social norms – misperceptions of peers' engagement with risky behaviour – to engender more positive behaviours.

Coram Life Education helps schools fulfil their statutory requirements for Relationships and Health Education, children's Spiritual, Moral, Social and Cultural development, and Ofsted inspection criteria for personal development, behaviour and welfare. Coram Life Education's programmes are also aligned with Scotland's Curriculum for Excellence. Recognising the role of the community and home life in influencing children's choices, we design our programme with schools and offer sessions and resources for parents and carers to enhance further children's wellbeing.



Take a look at our [Programme Overview](#) to find out about what children in each year group experience in our workshops.

Coram Life Education has a distributed delivery structure in which 19 Delivery Partner charities and Coram Branches deliver in local schools, under agreement with Coram. Coram Life Education has a presence in the South West, London and

South East, West Midlands, East of England, North West, The North and Aberdeenshire. Contact your [local area](#) or our [central team](#) to find out more.

Training

We provide high-quality, evidence-informed training for individual teachers, whole-staff groups and multi-school groups. We work hard to make our training relevant and valuable to all participants - we also create bespoke courses to meet your precise training needs.

We provide specialist training and support for all aspects of Relationships, Sex and Health Education, including the statutory and non-statutory elements of sex education that fall

within the DfE Health Education requirements. We also provide training for your wider PSHE curriculum, including specialist areas such as Early Years.