



11<sup>th</sup> December 2020

Dear Parents,

### Forest Schools

As you may be aware, for the last half-term Mrs. Wheeler has been running Forest School sessions with the younger children. It has always been our plan to offer this to other year groups and I can happily inform you that from January until Easter, Mrs Wheeler will work with the children in Class 3.

What is Forest School?

Forest School is a child-centred inspirational learning process, that offers opportunities for holistic growth through regular sessions. It is a long-term program that supports play, exploration and supported risk taking. It develops confidence and self-esteem through learner inspired, hands-on experiences in a natural setting.

The children will continue to work on the curriculum which they have been exploring in the classroom and I have liaised closely with Mrs. Wheeler on how this will look.

When will the Forest School sessions take place?

Mrs. Wheeler will teach Forest School on a Thursday afternoon from 1.00-3.00pm. The sessions will take place outdoor whatever the weather, so it is essential that children are well-prepared.

What will my child need?

We would be grateful if you could provide your child clothes which can get muddy, such as:

- A warm jumper or fleece
- Trousers (preferably waterproof) or jogging bottoms which they can wear over the top of their school trousers / shorts.
- A pair of wellingtons.
- A waterproof coat.

Please ensure your child brings their Forest School 'kit' in a separate bag on a Thursday. To give the maximum time outside, they will return home in their Forest School clothes, with any school uniform in their bag.

If you have any questions, please don't hesitate to contact me. Have a wonderful Christmas and New Year.

Kind regards,

Mr. S Donaldson

